

Editor Prof. Dr. Hans-Joachim Wilke

**ergo**  **mechanics 2**  
2. Interdisciplinary Conference on Spinal Column Research



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Prof. Dr. Hans-Joachim Wilke (ed.)

## Ergomechanics 2 – 2. Interdisciplinary Conference on Spinal Column Research

*Ergomechanics* represents the exchange of knowledge between the fields of ergonomics and biomechanical engineering with respect to spinal loading, particularly with respect to sitting.

*Ergomechanics 2* is the title of the second interdisciplinary conference on spinal column research, which was held in September 2005 by Grammer AG, Amberg and the SATO Office GmbH, Ebermannsdorf.

The book *ergomechanics2* again contains comprehensive summaries of the conference proceedings and is now available in either German or English language versions.

„Once again, Prof. Dr. Hans-Joachim Wilke was able to attract well-respected scientists to this interdisciplinary conference on spinal research. It was unique to have such a diverse group of experts from the fields of Ergonomics, Biomechanics and Biology discussing the spine. In addition to proven and accepted basic science research, novel approaches and new aspects in spine research were reported. Among other things, the use of vertical positional magnetic resonance imaging and the European research project EURODISC were presented. The editor deserves credit for bringing together basic research knowledge and making it available by translating the work into German and English.

Through the combination of ergonomics and biomechanics, scientists can better understand the basis for diagnosis, therapy and prevention of degenerative spinal diseases. For that reason, this interdisciplinary conference and publication concerning spine research will be of great value for all active professional physicians, physiotherapists and ergonomists working in this area. Only through such an exchange between the different disciplines will it be possible to foster and advance the acquired basic knowledge to improve the treatment and prevention of back pain.

The book *ergomechanics 2* is important for orthopaedists, biomechanical engineers, ergonomists, occupational physicians and physiotherapists“, taken from the foreword of Prof. Dr. med. Jürgen Krämer, Director of Department of Orthopaedic Surgery, University of Bochum.

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